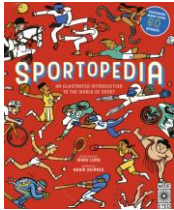
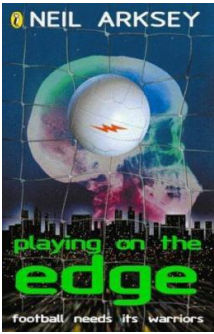

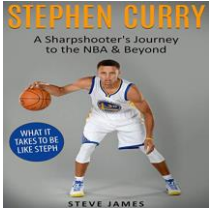



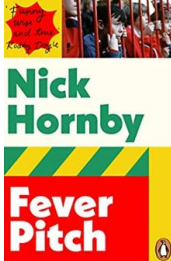
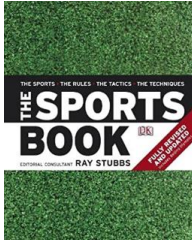
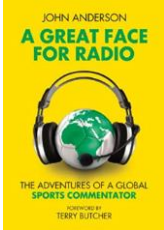

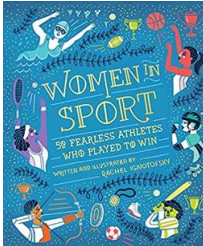


# KS3 PE Recommended Reading List

Year Group	Suggested Reading	
Year 7	<p><b>Sportopedia, Adam Skinner (Author)</b></p> <p><i>Sportopedia is your ultimate guide to the exhilarating world of sport. Learn amazing facts about all your favourite sports, and discover new ones you may not have come across before, like kabaddi and boccia. The book celebrates the unique talents of sportspeople everywhere, making it a treasure trove for sports fans.</i></p>	
	<p><b>Playing on the Edge by Neil Arksey (Author)</b></p> <p><i>This is a science fiction futuristic thriller set in a world where football has achieved total global domination. Two super leagues control the sport in Britain. Younger and younger players are being brought in and clubs are using all kinds of illegal methods to improve performances. Easy, a brilliant young footballer, has managed to escape one of the super clubs and is on the run. He hides out with the underground football league while his father works to collect evidence to expose the corruption in high places- as high as the government.</i></p>	
	<p><b>Superpowered: Transform Anxiety into Courage, Confidence, and Resilience Wonder by R.J Palacio (Author)</b></p> <p><i>Now more than ever, kids need to feel empowered as they work through anxiety and low self-esteem. With its helpful, hands-on suggestions and tips, SUPERPOWERED will be embraced by every kid with insecurities, worries, and anxious thoughts.</i></p>	
	<p><b>Stephen Curry: A Sharpshooter's Journey to the NBA &amp; Beyond</b></p> <p><i>Do you wish you could shoot a basketball like a future Hall of Fame superstar? Discover the insider secrets, training techniques, and daily workouts of one of the NBA's sharpest shooters.</i></p>	
	<p><b>The Nutcracker, E.T.A Hoffman</b></p> <p><i>This is quite simply a beautiful book; the illustrations are of simple but high quality and look timeless as they draw upon traditional folk art. The story itself is wonderful, a fairy tale full of magic and wonder that inspired Tchaikovsky to write the sublime ballet of the same name. The story is written in very short chapters which really brings the story along nicely.</i></p>	



# KS3 PE Recommended Reading List

Year Group	Suggested Reading	
Year 8	<p><b>Fever Pitch by Nick Hornby (Author)</b></p> <p><i>This is a great read by the brilliant writer Nick Hornby. It's not just about football but about lives in general with examples of growing up woven in and out of an underlying passion about Arsenal F.C. An entertaining book full of humour and probably one of the very best on the wide subject of football but so much more interesting than most of the autobiographies from the actual players</i></p>	
	<p><b>The Sports Book: The Sports The Rules The Tactics The Techniques Hardcover by Ray Stubbs (Author)</b></p> <p><i>This is the ultimate armchair companion to practically every sport ever invented. Open up the synthetic grass cover and check out the rules, history, players and events for over 250 of the world's greatest sports.</i></p>	
	<p><b>A Great Face for Radio: The Adventures of a Sports Commentator by John Anderson</b></p> <p><i>"A stream of incredible stories of exploits, and of the interviews he has conducted, often in the strangest of circumstances. Many of these are hilarious, with every page full of (mostly famous) names of those sportsmen, administrators and showbiz legends he met along the way."</i></p>	
	<p><b>The Art of Captaincy: What Sport Teaches Us About Leadership by Mike Brearley (Author)</b></p> <p><i>If you like cricket, books on aspects of cricket history and cricket memoir are wonderfully entertaining. Most such books fail to give the reader much insight or understanding of the complexities that you need to understand the essentially simple game of cricket. Not many cricket books cover tactics, strategies and tips as thoroughly as this one.</i></p>	<p>The Art of Captaincy The Principles of Leadership in Sport and Business Mike Brearley  With an introduction by Ed Smith</p>
	<p><b>Women in Sport: Fifty Fearless Athletes Who Played to Win by Rachel Ignotofsky (Author)</b></p> <p>Women in Sport celebrates the success of the tough, bold and fearless women who paved the way for today's athletes. This richly illustrated book highlights the achievements and stories of fifty notable sportswomen from the 1800s to today, including trailblazers, Olympians and record-breakers in more than forty sports.</p>	



# KS3 PE Recommended Reading List

Year Group	Suggested Reading	
Year 9	<p><b>Born to Run: The Hidden Tribe, the Ultra-Runners, and the Greatest Race the World Has Never Seen</b></p> <p><i>At the heart of Born to Run lies a mysterious tribe of Mexican Indians, the Tarahumara, who live quietly in canyons and are reputed to be the best distance runners in the world; in 1993, one of them, aged 57, came first in a prestigious 100-mile race wearing a toga and sandals.</i></p>	
	<p><b>The Secret Race: Inside the Hidden World of the Tour de France by Tyler Hamilton and Daniel Coyle (Authors)</b></p> <p><i>a book that pulls back the curtain and takes us into the secret world of professional cycling like never before. A world populated by unbelievably driven – and some flawed – characters. A world where the competition used every means to get an edge, and the options were stark.</i></p>	
	<p><b>You Are a Champion: How to Be the Best You Can Be by Marcus Rashford (Author)</b></p> <p><i>Before he was a Manchester United and England footballer, and long before he started his inspiring campaign to end child food poverty, he was just an ordinary kid from Wythenshawe, South Manchester. Now the nation's favourite footballer wants to show YOU how to achieve your dreams, in this positive and inspiring guide for life.</i></p>	
	<p><b>The Fight by Norman Mailer (Author)</b></p> <p><i>Norman Mailer's The Fight focuses on the 1974 World Heavyweight Boxing Championship in Kinshasa, Zaire. Muhammad Ali met George Foreman in the ring. Foreman's genius employed silence, serenity and cunning. He had never been defeated. Together the two men made boxing history in an explosive meeting of two great minds, two iron wills and monumental egos.</i></p>	
	<p><b>Why We Kneel, How We Rise by Michael Holding (Author)</b></p> <p><i>Through sport and conversations with its legends, Michael Holding explains how racism dehumanises people; how it works to achieve that end; how it has been ignored by history and historians; and what it is like to be treated differently just because of the colour of your skin.</i></p>	