

Gender Identity

Available Support



We have volunteers with lived experience of Trans+ or are Allies responding to your calls as often as possible and are open 3 evenings a week **Mondays, Wednesdays and Fridays from 8pm to midnight.**

0300 330 5468



Guide for parents on all things gender related. Includes how to respond and best support your child.

<https://www.youngminds.org.uk/parent/a-z-guide/gender-identity/>



24/7 Crisis text support – Text 'MERMAIDS' – 85258
Web chat available 9am-9pm Monday – Friday and local support group in Manchester

<https://mermaidsuk.org.uk/young-people/>



Confidential phone line with LGBT+ advisors **0300 330 0630**

Switchboard also have a chat feature on their website

<https://switchboard.lgbt/>