

Health and Social Care Year 11 Nov Mock Revision List

- Growth and development across life stages: Infancy; early childhood; adolescence; early adulthood; middle adulthood; later adulthood
- Key aspects of growth at each life stage
- Physical factors affecting growth & development
- Social Moral and emotional factors affecting human growth & development
 - Examples of physical development across all life stages
 - Examples of social development across all life stages
 - Examples of emotional development across all life stages
 - Examples of intellectual development across all life stages
- Economic factors affecting human growth & development
- Physical environment affecting human growth & development
- Psychological factors affecting human growth & development and their effects.
- Expected and unexpected life events affecting human growth & development, positive and negative effects on growth & development
- Unexpected life affecting human growth & development and managing the change
- The different sources of support and HOW they support
- Know and demonstrate care values.
- How individuals are empowered.
- Health and social care service
- Barriers to accessing services

Exam structure and skills

- Identify factors from a case study
- Identify life stages and be familiar with developmental norms at each life stage
- Recognise whether the factor is a positive factor or a negative factor (or both!)
- Explain the effects of the factor – this may be linked to specific development types (i.e. how does Affect **social** development)
 - Explain the effect of life events on self-concept
- Explain the long term and short term effects of physiological factors such as obesity, smoking, drinking, malnourishment, age

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