I can identify all of the performance skills: technical, expressive, physical and mental

I can explain how you develop and improve each performance skill over time

I can explain the importance and effect of each performance skills

I can describe how I have used performance skills in my own dance practice and how I can improve the rehearsal process

I can explain how to keep safe in the studio

I can explain safe practise in terms of movement including in my PP and the set solos

I can describe an appropriate warm up and explain the importance of warming up before a dance class

I can describe an appropriate cool down and explain the importance of cooling down after a dance class

I can identify the correct nutrition and hydration needed for a dancer

I know how to explain the procedure for injury

Choreography

I understand what a motif is, it's importance and how to describe motifs using action, dynamic and spatial references

I am able to describe and explain different types of action, dynamic, space and relationship features

I can identify and explain different types of structure in dance and structural devices

I can identify a variety of choreographic devices and explain their effect and importance. I am able to apply appropriate choreographic devices to a variety of stimuli

I understand the choreographic process and can reflect on the effectiveness of my own choreography and identify ways in which I can improve it

I know a variety of methods of motif development through action, dynamic and space

I can be given any stimulus and can write about how I would use it to create choreography

Artificial Things

I know all the key information: choreographer, date premiered, number of dancers, structure, dance style, staging, choreographic approach

I can identify both the different stimuli and choreographic intent of the work and can explain how they have informed the dance work in terms of movement and constituent features

I can describe the lighting in detail and analyse at least 5 contributions of the lighting giving full interpretations and evaluative comments

I can describe the aural setting in detail and analyse at least 5 contributions of the aural setting giving full interpretations and evaluative comments

I can describe the costume in detail and analyse at least 5 contributions of the costume giving full interpretations and evaluative comments

I can describe the setting in detail and analyse at least 5 contributions of the setting giving full interpretations and evaluative comments

I can identify different performance skills used in the work and explain how they are demonstrated

I can explain a variety of choreographic devices used in the work including highlights and climaxes

I can describe two motifs (preferably one solo and one group) and explain how they contribute to the understanding of the dance work

I can identify and explain a variety of camera effects used within the work

Infra

I know all the key information: choreographer, date premiered, number of dancers, structure, dance style, staging, choreographic approach

I can identify both the different stimuli and choreographic intent of the work and can explain how they have informed the dance work in terms of movement and constituent features

I can describe the lighting in detail and analyse at least 5 contributions of the lighting giving full interpretations and evaluative comments

I can describe the aural setting in detail and analyse at least 5 contributions of the aural setting giving full interpretations and evaluative comments

I can describe the costume in detail and analyse at least 5 contributions of the costume giving full interpretations and evaluative comments

I can describe the setting in detail and analyse at least 5 contributions of the setting giving full interpretations and evaluative comments I can identify different performance skills used in the work and explain how they are demonstrated I can explain a variety of choreographic devices used in the work including highlights and climaxes I can describe two motifs (preferably one solo and one group) and explain how they contribute to the understanding of the dance work I can identify and explain a variety of camera effects used within the work A Linha Curva I know all the key information: choreographer, date premiered, number of dancers, structure, dance style, staging, choreographic approach I can identify both the different stimuli and choreographic intent of the work and can explain how they have informed the dance work in terms of movement and constituent features I can describe the lighting in detail and analyse at least 5 contributions of the lighting giving full interpretations and evaluative comments I can describe the aural setting in detail and analyse at least 5 contributions of the aural setting giving full interpretations and evaluative comments I can describe the costume in detail and analyse at least 5 contributions of the costume giving full interpretations and evaluative comments I can describe the setting in detail and analyse at least 5 contributions of the setting giving full interpretations and evaluative comments I can identify different performance skills used in the work and explain how they are demonstrated I can explain a variety of choreographic devices used in the work including highlights and climaxes I can describe two motifs (preferably one solo and one group) and explain how they contribute to the understanding of the dance work I can identify and explain a variety of camera effects used within the work Shadows I know all the key information: choreographer, date premiered, number of dancers, structure, dance style, staging, choreographic approach I can identify both the different stimuli and choreographic intent of the work and can explain how they have informed the dance work in terms of movement and constituent features I can describe the lighting in detail and analyse at least 5 contributions of the lighting giving full interpretations and evaluative comments I can describe the aural setting in detail and analyse at least 5 contributions of the aural setting giving full interpretations and evaluative comments I can describe the costume in detail and analyse at least 5 contributions of the costume giving full interpretations and evaluative comments I can describe the setting in detail and analyse at least 5 contributions of the setting giving full interpretations and evaluative comments I can identify different performance skills used in the work and explain how they are demonstrated I can explain a variety of choreographic devices used in the work including highlights and climaxes I can describe two motifs (preferably one solo and one group) and explain how they contribute to the understanding of the dance work I can identify and explain a variety of camera effects used within the work Within Her Eyes I know all the key information: choreographer, date premiered, number of dancers, structure, dance style, staging, choreographic approach I can identify both the different stimuli and choreographic intent of the work and can explain how they have informed the dance work in terms of movement and constituent features I can describe the lighting in detail and analyse at least 5 contributions of the lighting giving full interpretations and evaluative comments

I can describe the aural setting in detail and analyse at least 5 contributions of the aural setting giving full interpretations and evaluative comments I can describe the costume in detail and analyse at least 5 contributions of the costume giving full interpretations and evaluative comments I can describe the setting in detail and analyse at least 5 contributions of the setting giving full interpretations and evaluative comments I can identify different performance skills used in the work and explain how they are demonstrated I can explain a variety of choreographic devices used in the work including highlights and climaxes I can describe two motifs (preferably one solo and one group) and explain how they contribute to the understanding of the dance work I can identify and explain a variety of camera effects used within the work **Emancipation of Expressionism** I know all the key information: choreographer, date premiered, number of dancers, structure, dance style, staging, choreographic approach I can identify both the different stimuli and choreographic intent of the work and can explain how they have informed the dance work in terms of movement and constituent features I can describe the lighting in detail and analyse at least 5 contributions of the lighting giving full interpretations and evaluative comments I can describe the aural setting in detail and analyse at least 5 contributions of the aural setting giving full interpretations and evaluative comments I can describe the costume in detail and analyse at least 5 contributions of the costume giving full interpretations and evaluative comments I can describe the setting in detail and analyse at least 5 contributions of the setting giving full interpretations and evaluative comments I can identify different performance skills used in the work and explain how they are demonstrated I can explain a variety of choreographic devices used in the work including highlights and climaxes I can describe two motifs (preferably one solo and one group) and explain how they contribute to the understanding of the dance work I can identify and explain a variety of camera effects used within the work Type of Question I can write a top level answer for 6 mark movement question relating to my own practice I can write a top level answer for 6 mark movement question relating to professional works I can write a top level answer for the 12 mark question which discusses two constituent features I can write a top level answer for the 12 mark question which compares two professional works