



Key Stage 3 Practical Curriculum 2018-19



Week	Year 7 Boys'		Year 7 Girls'		Year 8 Boys'		Year 8 Girls'		Year 9 CORE		Year 9 GCSE				
	IN	OUT	IN	OUT	IN	OUT	IN	OUT	Boys'	Girls'	Week 1 (T)	Week 2 (P)			
3 Sept	BASELINE ASSESSMENT								BASELINE ASSESSMENT		INTRO	Hockey Table Tennis Volleyball			
10 Sept									Rugby Union Football		Badminton Fitness		Topic 1 Skeletal system		
17 Sept															
24 Sept															
1 Oct															
8 Oct	T. Tennis Badminton Swimming	Rugby Union	Dance Badminton Swimming	Netball Hockey X Country	Fitness Testing Basketball	Rugby Union	Dance Badminton	Netball Hockey X Country							
15Oct															
22 Oct	HALF TERM														
29 Oct					ketball ess ing		minton ce		tball by	ess minton	Topic 2 Muscular system	Hockey Table Tennis Volleyball			
5 Nov															
12 Nov	n		n												
19 Nov	YEAR 11 MOCK EXAM WEEK IN SPORTS HALL (KS3 THEORY WEEK 1)								OUTDOOR PE		Topic 3				
26 Nov	dminto mning ennis	ountry otball	dminto mning nce	ckey ountry tball	B a s g ball	otball ountry	B a d ton	ckey ountry tball	Foo Rug	Fitn Bad					
3 Dec															
10 Dec															
17 Dec	CHRISTMAS HOLIDAY														
24 Dec															
31 Dec	Ba Swi T. T	X.C Fo	Ba Swi Da	Ho X.C Ne	Fitness Trainin Basket	Fo X.C	Dance Badmin	Ho X.C Ne	T.Tennis Badminton	Netball Hockey	CV System	Table Tennis Volleyball Hockey			
7 Jan	Swimming T. Tennis Badminton	Football X Country	Swimming Dance Badminton	X Country Netball Hockey	ketball ness ining	X Country Football	dminton nce	X Country Netball Hockey						Topic 4 Respiratory System	
14 Jan															
22 Jan															
28 Jan															
4 Feb															
11 Feb															
18 Feb	HALF TERM														
25 Feb	YEAR 11 MOCK EXAM WEEK IN SPORTS HALL (KS3 THEORY WEEK 2)								OUTDOOR PE		Topic 5 Physical Training				
4 Mar					Bas Fit Tra		Ba Da		Badminton T.. Tennis	Hockey Netball					
11 Mar															
18 Mar	Indoor Athletics	Dance	Indoor Athletics	OAA	Indoor Athletics	OAA	Indoor Athletics	OAA							
25 Mar															
1 Apr	EASTER HOLIDAY														
8 Apr															
15 Apr	Athletics	Rounders Cricket	Athletics	Bolton Rounders	Athletics	Rounders Cricket	Athletics	Bolton Rounders	Athletics Track wk 1 Field wk 2	Athletics Field wk 1 Track wk 2	Topic 6 Drugs in Sport	Volleyball Hockey Table Tennis			
22 Apr															
29 Apr															
6 May															
13 May															
20 May															
27 May	HALF TERM														
3 Jun	Athletics	Cricket Rounders	Athletics		Athletics	Cricket Rounders	Athletics		Bolton Rounders	Softball Rounders	Topic 7 Energy use and diet				
10 Jun															
17 Jun															
24 Jun															
1 Jul															
8 Jul	KEY STAGE 3 SPORTS DAYS														
15 Jul	ACTIVITY WEEK														