



Key Stage 3 Practical Curriculum 2017-18



Week	Year 7 Boys'		Year 7 Girls'		Year 8 Boys'		Year 8 Girls'		Year 9 CORE		Year 9 GCSE				
	IN	OUT	IN	OUT	IN	OUT	IN	OUT	Boys'	Girls'	Week 1 (T)	Week 2 (P)			
4 Sept	BASELINE ASSESSMENT								BASELINE ASSESSMENT		INTRO	Hockey Table Tennis Volleyball			
11 Sept									Rugby Union Football		Badminton Fitness		Topic 1 Skeletal system		
18 Sept															
25 Sept															
2 Oct															
9 Oct															
16 Oct	T. Tennis Badminton Swimming	Rugby Union	Dance Badminton Swimming	Netball Hockey X Country	Fitness Testing Basketball	Rugby Union	Dance Badminton	Netball Hockey X Country							
23 Oct	HALF TERM														
30 Oct					ketball ess ing		minton ce		Union	ton	Topic 2 Muscular system				
6 Nov															
13 Nov															
20 Nov	YEAR 11 MOCK EXAM WEEK IN SPORTS HALL (KS3 THEORY WEEK 1)								OUTDOOR PE		Topic 3				
27 Nov	Badminton Swimming T. Tennis	X Country Football	Badminton Swimming Dance	Hockey X Country Netball	Bas Fitn Test	Football X Country	Bad Dan	Hockey X Country Netball	Football Rugby	Fitness Badmin					
28 Nov					g ball		ton								
4 Dec															
11 Dec															
18 Dec	CHRISTMAS HOLIDAY														
25 Dec															
1 Jan	Swimming T. Tennis Badminton	Football X Country	Swimming Dance Badminton	X Country Netball Hockey	Fitness Trainin Basket		Dance Badmin		T.Tennis Badminton	Netball Hockey	CV System	Table Tennis Volleyball Hockey			
8 Jan					ketball ness ining						X Country Football		dminton nce	X Country Netball Hockey	T.Tennis Badminton
15 Jan															
22 Jan															
29 Jan															
5 Feb															
12 Feb															
19 Feb	HALF TERM														
26 Feb	YEAR 11 MOCK EXAM WEEK IN SPORTS HALL (KS3 THEORY WEEK 2)								OUTDOOR PE		Topic 5 Physical Training				
4 Mar					Bas Fit Tra		Ba Da		Badminton T.. Tennis	Hockey Netball					
11 Mar															
19 Mar	Indoor Athletics	Dance	Indoor Athletics	OAA	Indoor Athletics	OAA	Indoor Athletics	OAA							
26 Mar															
2 Apr															
9 Apr	EASTER HOLIDAY														
16 Apr	Athletics	Rounders Cricket	Athletics	Bolton Rounders	Athletics	Rounders Cricket	Athletics	Bolton Rounders	Athletics Track wk 1 Field wk 2	Athletics Field wk 1 Track wk 2	Topic 6 Drugs in Sport	Volleyball Hockey Table Tennis			
23 Apr															
30 Apr									Athletics Track wk 1 Field wk 2	Athletics Field wk 1 Track wk 2	Topic 7 Energy use and diet				
7 May															
14 May															
21 May															
28 May	HALF TERM														
4 Jun	Athletics	Cricket Rounders	Athletics		Athletics	Cricket Rounders	Athletics		Bolton Rounders	Softball Rounders	Topic 7 Energy use and diet				
11 Jun															
18 Jun											CATCH UP				
25 Jun															
2 Jul															
9 Jul													KEY STAGE 3 SPORTS DAYS		
16 Jul	ACTIVITY WEEK														