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Sixth Form Mental Health & Wellbeing Team

23/06/2017

Dear Candidate

Following on from your recent interview we are writing to invite you to be part of the Sixth Form Mental Health & Wellbeing Team. We were impressed with your responses during the interview and feel that your insights provide some areas for mental health development across the school. The Team will be tasked with supporting students across the school to increase their enjoyment of and engagement with the wider school community. Over the next 12 months the Wellbeing Team will be tasked with developing initiatives and resources in the following areas;

- Supporting your emotional wellbeing during transition from Year 11.
- Recognising and managing stress.
- Physical health and emotional wellbeing.
- Looking after ourselves - normalising mental health.
- Male mental health.

This may include delivering assemblies, teacher briefings, group tutorials, facilitating groups, sharing information and planning alternative activities.

The first meeting will be held on **Wednesday 5th July at 10:10 – 11:10** in C1.

If you would like to be part of the team please email nieldl@turton.uk.com by 3pm on Monday 3rd July. We very much look forward to supporting you in taking your ideas forward.

Leander Nield

Emotional Wellbeing Practitioner (RMN)

Tom Berry

Cognitive Behaviour Therapist (BABCP)



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Sam Gorse
Head Teacher

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