

# Pearson BTEC Level 1/Level 2 Tech Award in Health and Social Care

Specification

First teaching September 2017

#### About the health and social care sector

About 3 million people work in health or social care. Health care roles include doctors, pharmacists, nurses, midwives and health care assistants, while social care roles include care assistants, occupational therapists, counsellors and administrative roles. Together they account for nearly one in ten of all paid jobs in the UK. Demand for both health and social care is likely to rise so they will continue to play a key role in UK society, and the demand for people to fill these vital jobs will increase.

Study of this sector at Key Stage 4 will complement GCSE study through providing an opportunity for practical application alongside conceptual study. There are also strong opportunities for post-16 progression in this important sector.

### Course components

Human Lifespan – internally assessed Health and Social Care Services and values - internally assessed Health and Wellbeing Synoptic externally assessed.

Unit 1 will be delivered in yr. 1 - Human Lifespan

Unit 2 will be delivered in yr. 1 & 2 - Health & Social care Values

Uni3 will be delivered in vr.2 - Health & Wellbeing

## Health & Wellbeing

- What does being healthy actually mean? It can mean different things to different people: you
  might think 'healthy' is not having to visit the doctor but an older person might consider it being
  mobile and able to get out and about, being happy and having friends.
- In this component, you look at the factors that can have a positive or negative influence on a
  person's health and wellbeing. You will learn to interpret physiological and lifestyle indicators and
  what they mean for someone's state of health. You will learn how to use this information to
  design an appropriate plan for improving someone's health and wellbeing, including short- and
  long-term targets. Additionally, you will explore the difficulties an individual may face when trying
  to make these changes.
- You will develop skills in analysing information and communicating for a specific purpose, which will support your progression.

### Human Lifespan

- How do people grow and develop through their lives? How can factors such as lifestyle choices and relationships affect this? Understanding these processes is essential knowledge and understanding for health and social care practitioners.
- In this component, you will study how people grow and develop over the course of their life, from
  infancy to old age, this includes physical, intellectual, emotional and social development and the
  different factors that may affect them. An individual's development can be affected by major life
  events, such as marriage, parenthood or moving house, and you will learn about how people
  adapt to these changes as well as the types and sources of support that can help them.
- You will develop transferable skills, such as written communication skills, which will support your progression.

#### Health and Social Care Services and Values

- At some point in your life you will need health care. It is likely that you have already had an
  appointment with a doctor. If you did, you are described as a 'service user'. That means you have
  been given health care from a person who was trained to give you care they are called 'service
  providers'. You might know someone who needs social care. This is different from health care,
  although both types of care are very closely linked. People who need social care are not always ill
   they may be unable to do everyday activities like getting dressed or feeding themselves, or need
  help with their day-to-day lives.
- Providing good health and social care services is very important and a set of 'care values' exists to
  ensure this happens. Care values are important because they enable people who use health and
  social care services to get the care they need and to be protected from different sorts of harm.
- This component will give you an understanding of health and social care services and will help you
  develop skills in applying care values which are common across the sector (some of which are
  transferable to other sectors that involve interactions with clients or customers).