

## GCSE Dance New Spec – Long term progression

Y10	Performance	Choreography	Appreciation	Hwk
<b>Focus</b>	<b>Developing technical and physical skills</b>	<b>Intro to ASDR</b>	<b>Safe practice and A Linha Curva by Itzik Galili</b>	<b>Homework and ext booklet</b>
<b>Half Term 1 (x7) Autumn</b>	Basic Dance skills and technique Introduction of key motifs from Flux Phrase warm ups/travelling Teach Flux – <b>Baseline assessment</b>  Teacher taught movement phrases based on A Linha Curva  Recapping of Flux set phrase <b>Teacher assessment and feedback</b>	Intro – 6 actions/dynamics/Space/Relationship Creative tasks based on motifs Breath– <b>Baseline assessment</b>  Creative tasks based on A Linha Curva Intro- Motif development and Choreographic devices Focus on creating group piece for assessment <b>Peer assessment and feedback</b>	Safe Practice: Dancer/Studio Space, Warm up and cool down A/S/D/R and Motifs <b>Baseline test – Socratic</b>  Study of A Linha Curva (21 min) Choreographic approach/Intention Dancers physical/Technical skills Physical Setting/Aural Setting Costume/Movement components <b>End of unit test - Socratic</b>	Hwk Booklet,Pgs (16+17) (26+27) (28+29) (18+19) (20+21) (22)(23,24,25)  Written tasks – exam style questions on understanding and use of costume and aural setting.
<b>Focus</b>	<b>Improving technique intro to contact work</b>	<b>Motif development, choreographic terms and structure</b>	<b>Artificial things by Lucy Bennett</b>	<b>Homework and ext booklet</b>
<b>Half Term 2 (X7) Autumn</b>	Introduction to contact work – Duets /Trio's based on Artificial things balances and lifts Safe practice: Safe execution Safe execution when working with others  Expressive skills: Projection Focus musicality Facial expression Sensitivity to other dancers Spatial awareness <b>Teacher assessment and feedback</b>	Teacher led collaborative choreography – Outcome trio/duet min 2 mins.  Exploration of key ideas from the work Artificial things <ul style="list-style-type: none"> <li>Images/portraits of families</li> <li>Snow globe and use of confined space</li> <li>Movement phrase from Trio section</li> </ul> Motif development and choreographic terms responding to a given stimuli Task 1 – working in pairs Task 2 – working individually Task 3 – working in Trio's <b>Focus on structuring device and form</b>	Study of Artificial things (24 min) Choreographic approach/ Intention Dancers physical/Technical skills Physical Setting/Aural Setting Costume/Movement components <b>End of unit test - Socratic</b> Written tasks – exam style questions on understanding and use of lighting and physical setting  Nutrition/Injury prevention Technical/physical/expressive/mental skills	Hwk Booklet pgs (10) Technique Booklet (task 1, 2,3 + 4 x 4 weeks) (Task 5 + 6) Technique Booklet pgs (5+6)
<b>Focus</b>	<b>Improving technique - Technical skills</b>	<b>Choreographic approaches/processes</b>	<b>Infra by Wayne McGregor</b>	<b>Technical skills</b>
<b>Half Term 3 (X6) Spring</b>	Technique based on scoop set phrase Movement motifs/phrases from Infra <b>Exercises to develop Technical skills:</b> Posture Alignment Strength Agility Flexibility Coordination Control Intro to FIT principle/progressive overload <b>Teacher assessment and feedback</b>	Creative task based on Infra Developing a teacher taught motif  Collaboration/Improvisation tasks - Pedestrian movement - Duets – lead and follow - Solo – signature movements  Explore contrast – crowd and individual Developing whole group piece for performance  Filming of group performance and self assessment	Study of Infra Choreographic approach/Intention Dancers physical/Technical skills Physical Setting/Aural Setting Costume/Movement components <b>End of unit test - Socratic</b>	Technique Booklet pgs (7) (Create poster on pgs 8+9) Hwk Booklet pgs (30+31) Technique booklet (Task 7)(11) Hwk Booklet (32) Written tasks – exam style questions on understanding and use of choreographic approaches/processes
<b>Focus</b>	<b>Set phrases/ material for Trio</b>	<b>Refining and improving performance</b>	<b>Within her Eyes by James Cousins</b>	<b>performance environments</b>
<b>Half Term 4 (X6) Spring</b>	Teach Scoop movements and recap flux  Teacher taught and collaborative tasks to generate material for trio – choreographic intention of relationships with a twist taken from Within Her Eyes. Set phrases scoop and flux used to create movement  <b>Teacher and self-assessment</b>	Rehearse and refine group performance – selection of costume and spacing in the Arts Theatre  Creative tasks based on Within Her Eyes Development of Trio for end of year 10 exam  <b>Assessment based on Technical/physical/expressive/mental skills</b>	Study of Within Her Eyes Choreographic approach/Intention Dancers physical/Technical skills Physical Setting/Aural Setting Costume/Movement components <b>End of unit test - Socratic</b>	Hwk Booklet pgs(14+15) Technique Booklet (Task 8, 9,10,11 and Technical skills definitions and exercises x5 weeks) Written tasks – exam style questions on understanding and use of performance environments

## GCSE Dance New Spec – Long term progression

Focus	Refining work for end of year 10 exam	Workshops exploring stimuli and starting points	Recap and Revision	Choreography
Half Term 5 (X5) Summer	Teach Breath set phrase Refine Trio performances – peer and self-assessment	Choose from a list of 4 given stimuli – AQA specimen To create a short solo choreography for end of year 10 exam Workshop on each question with suggestions for music and generation of ideas  Revisit structures and form in dance	Costume Aural Setting Physical Setting Movement components And how each constituent feature contributes to communicating the choreographic intention  Safe practice and physical/technical and expressive skills Motif and motif development	Hwk Booklet pgs (33+34) (12+13) (35,36+37 x 2 weeks) (38) and find music for choreography task and create movement
Focus	Reviewing performance and setting targets	Rehearse and refine choreography's	Practice exam style questions	Independent study
Half Term 6 (X7)	Recap breath and teach shift set phrases for exam Performance as solo for peers Continue to refine and rehearse Trio Developing mental skills movement memory, commitment, concentration and confidence.  Formal teacher assessment	Rehearse and refine choreography teacher and peer feedback  Formal teacher assessment	Review of exam paper responses Review of performances self/peer assessment and completion of reflective evaluation Discussion and target setting for solo, trio and Choreography.  End of unit test - Socratic	Hwk Booklet pgs (39) (40)(41-44)(45) (47,48)(49,50)  Students to research the work Shadows and emancipation of expressionism over summer holidays

## GCSE Dance New Spec – Long term progression

Y11	Performance	Choreography	Appreciation	Hwk
<b>Focus</b>	<b>Set phrases</b>	<b>Choreographic workshops</b>	<b>Shadows by Christopher Bruce</b>	<b>choreography question</b>
<b>Half Term 1 (x7) Autumn</b>	Recap each of the set phrases, space in arts theatre Teacher taught movement from Shadows  <b>Teacher assessment and feedback using performance booklets and film for examination towards end of half term</b>	Exploration of shadows  Workshops exploring each question – released on September the 15th	Study of Shadows by Christopher Bruce (? min) Choreographic approach/Intention Dancers physical/Technical skills Physical Setting/Aural Setting Costume/Movement components  <b>End of unit test - Socrative</b>	- Rehearsal of set phrases - Finding music for choreography -Selecting and researching choreography question - Complete Stimulus based tasks sheets in HWK booklet on each workshop (x4)
<b>Focus</b>	<b>Performance Trio</b>	<b>Choreography</b>	<b>Emancipation of Expressionism</b>	<b>Rehearsal</b>
<b>Half Term 2 (X7) Autumn</b>	Learn motifs from Emancipation of expressionism Recap and rehearsal Refinement of performance Trio Spacing in the Arts Theatre Mock Exam and Final filming for examination before Christmas (Intervention- Filming of set Phrases to assess improvement) <b>Mock exam of Duet/Trio and 1 min choreography Filming Trio/Duet for examination</b>	Exploration of Emancipation of Expressionism  Select Question for Choreography Creating key motifs Individual task Develop motifs into a one min performance for Mock exam Select structure Teacher and feedback	Study of Emancipation of Expressionism(? min) Choreographic approach/Intention Dancers physical/Technical skills Physical Setting/Aural Setting Costume/Movement components <b>End of unit test - Socrative</b>	- Revision of professional works - Past paper questions -Rehearsal of Trio/Duet -Rehearsal of Choreography - Programme Notes
<b>Focus</b>	<b>Reflection and improvement</b>	<b>Refinement and completion of Choreography</b>	<b>Revision of six professional works</b>	<b>Past papers and Revision</b>
<b>Half Term 3 (X6) Spring</b>	Intervention – Set phrases – Rehearsal set to music to be performed in dance show  Trio – Continued rehearsal performed in dance show  Choreography – refinement and rehearsal Completion of programme notes	Peer/self and teacher assessment  <b>Focus on Duet/Trio</b>  <b>Complete and refine Choreography ASDR</b>	Choreographic approach/Intention Dancers physical/Technical skills Physical Setting/Aural Setting Costume/Movement components	Compare and contrast Motif development Physical setting Aural Setting Costume
<b>Focus</b>	<b>Choreography – performance skills</b>	<b>Choreography – Devises and structure</b>	<b>Choreographic processes and performance skills</b>	<b>Past papers and Revision</b>
<b>Half Term 4 (X6) Spring</b>	Focus on Choreography/completing and refining/spacing in the arts theatre Teacher and self-assessment <b>Filming Choreography for examination</b>	<b>Complete and refine Choreography</b>  Assessment based on Technical/physical/expressive/ mental skills	Choreographic processes and performance skills and critical appreciation of own work. Safe practice – improving performance – choreographic devices - structures	Stimulus/ Choreographic process questions
<b>Half Term 5 (X5)</b>	<b>Revision for written exam</b>	<b>Revision for written exam</b>	<b>Revision for written exam</b>	<b>Revision for written exam</b>
<b>Half Term 6 (X7) Summer</b>	<b>Exams</b>	<b>Exams</b>	<b>Exams</b>	<b>Exams</b>